

WEEKLY PLANNER

Plan Tasks (number in terms of priority)

a

a

0

1

p

p

p

p

p

Fun/Relaxing (Rewards)

p

p

0

Time	Monday	Tuesday	Wednesday	Thursday			
8							
9							
1							
1							
2							
3							
4							
5							
6							
7							
8							
9							
1							

Readings this week