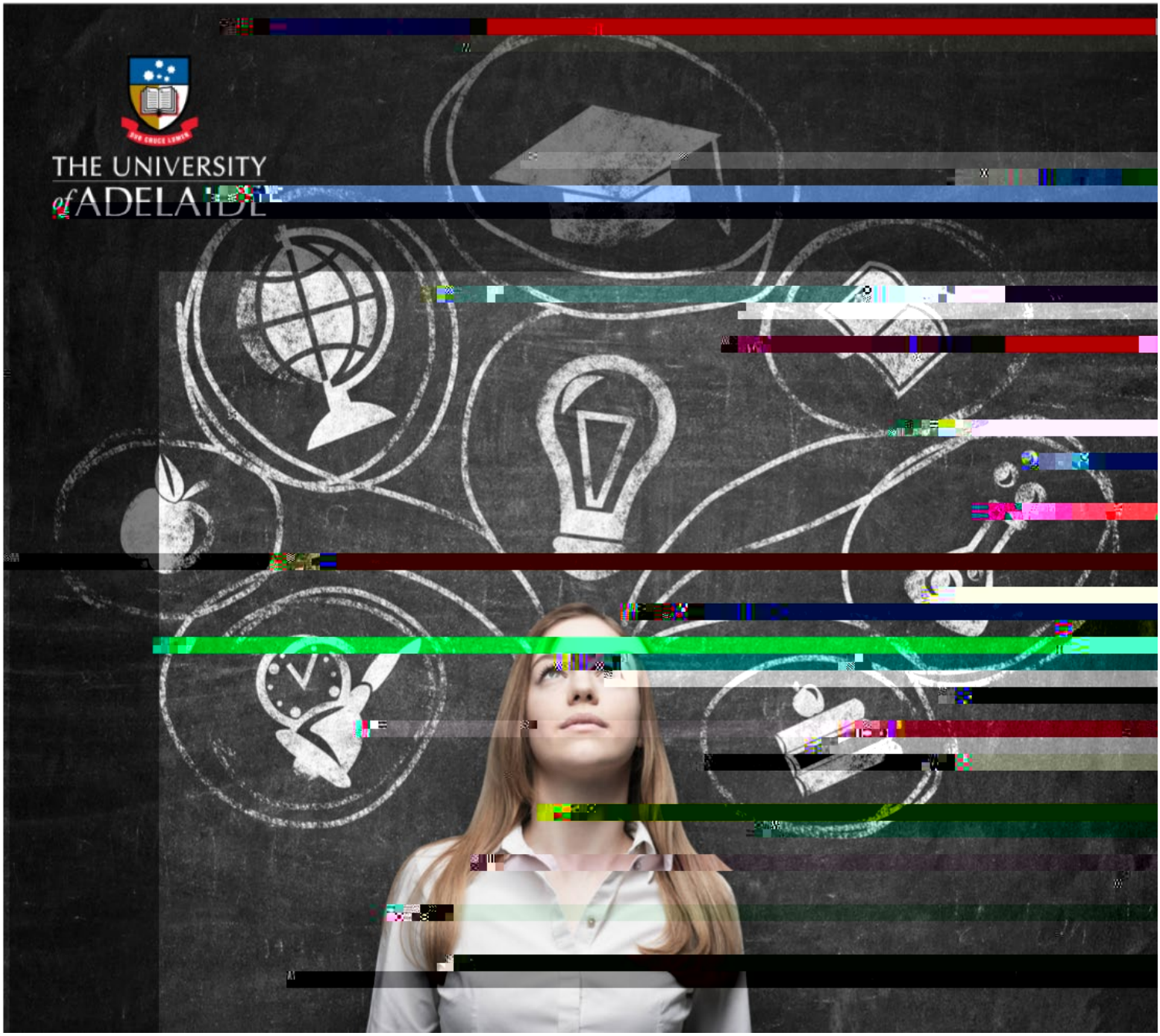


CAREER & RESEARCH SKILLS TRAINING (CARST) 2024

Supporting the personal, professional, and career development of higher degree by research students

CRICOS Provider Number

Contents

Introduction 3
The Researcher Education and Development team 4
The Vitae Researcher Development Framework (RDF) 5
CaRST Online 5
Who is CaRST for? 6
What can I do for CaRST credit? 6
What can't be counted for CaRST credit? 6
Claiming external training 7
The CaRST Process 8
    Skills 9
    Plan 9
    Do 9
    Record 10
    Review 12
Responsibilities 12
HDR Training Opportunities 14
CaRST Domains 14
Activities mapped to the Researcher Development Framework (RDF) and Stages of Candidature 15
Knowledge base 16
Course Descriptions 16
Online training 23
Experiences 23
Experiential activity spotlight 23
Other areas of support 24
Housekeeping 24

What are the Requirements?

PhD students are required to complete:

- a total of 120 hours of CaRST activities;
- activities in all four CaRST domains with a minimum of 10 hours, but not more than 60 hours, in each.

Master of Philosophy students are required to complete:

- a total of 60 hours of CaRST activities;
- activities in all four CaRST domains with a minimum of 5 hours, but not more than 30 hours, in each.

Do I need to enrol in CaRST?

When you enrol as an HDR student in one of the degrees required to undertake CaRST, you will receive a milestone in Access Adelaide and have until thesis submission to complete the requirements. To enrol in the professional development opportunities provided, you will need to follow the booking instructions specified for each activity.

How is CaRST recognised?

PhD and Master of Philosophy students who complete the CaRST program will receive a certificate of completion from the Adelaide Graduate Research School and a statement of completion on their official transcript.

The Researcher Education and Development team

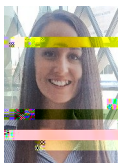
CaRST is supported by a small dedicated team, all with genuine interest in supporting research degree student development. The Researcher Education and Development team also supports development activities for supervisors and researchers at the University.

Katy Dolman

Manager: Researcher Education and Development

Dr Charlotte Le Lan

Researcher Development Officer



Dr Khatora Opperman

Researcher Development Officer