

Waite Campus Childrens Centre

Orientation to child care

Trusting the care of your child to the educators at the centre is something we hope you can do with confidence.

When you begin using child care you are often experiencing other changes in your lives, commencing a

Establishing a Routine

Once your child is attending child care regularly it is important to follow a routine which is familiar to your child when leaving them at the centre. Spend 5-10 relaxed minutes settling your child with a favourite experience. **Always** say goodbye to your child and give them a kiss, a hug or a wave and then leave quickly and smoothly. Both rushing out and lingering too long can add to the anxiety of separation. If you need help discuss this with the room coordinator or your child's primary educator.

It is also very important to maintain open two-way communication between educators and yourself, both verbal and written. You are welcome to phone the room at any time to have a brief chat with your child's primary educator about how your child is.